

Providing the Right Training for the Right People at the Right Time

Delivery Methods and Learning Platforms

Delivery Method	Description	Learning Platform
Workshop	A group learning activity that is generally content-focused. The goal of a workshop can vary from bringing learners to the awareness level up through the beginning of skill development.	ClassroomDistance Learning
Guided Application & Practice (GAP)	A group learning activity led by a content expert, where the primary purpose is to share ideas and resources on how participants can apply already-learned content to their practice. The goal of a GAP session is to build on awareness, knowledge and/or understanding introduced in a prior learning activity while addressing "learning gaps" for individual participants.	ClassroomDistance LearningOn-the-Job
Learning Lab	A group learning activity that follows a workshop and focuses on learner skill development. The goal of a learning lab is to bring learners to the beginning of skill development by giving them the opportunity to practice skills introduced in the workshop while receiving feedback from the trainer.	• Classroom
Coaching	An individual or small group learning activity used to develop or enhance identified skills. The goal of coaching is to target the learners' job skills through on-the-job observation and feedback from an expert practitioner.	Distance LearningOn-the-Job