

PRESERVICE TABLE OF CONTENTS

SESSION 1

1. An Overview of Foster Care, Adoption, and Kinship Care
2. Rules of the Road
3. Goals of Preservice Training
4. Video: Diary of a Metis Child
5. Nuts and Bolts: Specific Program Information

SESSION 2

1. Welcome and Introductions
2. Child Welfare System Overview
3. Terms and Definitions
4. Agency Goals
5. History of Foster Care and Adoption
6. The Importance of the Team Approach
7. Advantages and Disadvantages of the Team Approach
8. Practice Activity

SESSION 3

1. Definitions of Child Abuse and Neglect
2. Contributors to Child Abuse and Neglect
3. Exercise: Forced Choice
4. Video Clip: Scared Silent
5. Indicators of Abuse and Neglect
6. The Four Developmental Domains
7. Typical Development
8. The Impact of Abuse and Neglect on Child Development

SESSION 4

1. Introduction
2. A Brief Look at Attachment

3. Separation: Guided Imagery
4. Understanding the Grieving Process
5. Minimizing the Trauma of Separation
6. Introduction to Life Books and Family Books

SESSION 5

1. What's Wrong with This Picture? (Eddy's Case)
2. What, Exactly, Is "Discipline?"
3. Reasons for Children's Misbehavior
4. Types of Interventions
5. Fitting the Strategy to the Child
6. Revisiting Eddy's Case

SESSION 6

1. Handling Anger
2. Win/Win Negotiation
3. Preventing Crisis: Structure and Predictability
4. De-escalation and Damage Control
5. Practice
6. Transfer of Learning

SESSION 7

1. Defining Culture
2. Values
3. Culture and Caregivers

SESSION 8

1. Introduction
2. Exploring Our Own Issues
3. The Losses Experienced by Families with Children in Care
4. Substance Abuse Issues Among Primary Parents

5. A Continuum of Contact
6. Will the Real Birth Parent Please Stand Up?

SESSION 9

1. Introduction
2. Facts, Definitions, and Dynamics
3. Developing Insight Into Children Who Have Been Sexually Abused
4. Closing

SESSION 10

1. Introduction
2. Stressors Faced by All Families
3. Coping Mechanisms
4. Unique Stressors of Being a Foster, Adoptive, or Kinship Parent
5. Preventing a Family Crisis
6. Special Situations and Recurring Themes
7. Developing a Survival Plan

SESSION 11

1. How Do We Know Adopted Children Face Any Special Issues?
2. What Are Those Post Adoption Issues Anyway?
3. The Impact of Adoption Issues on Child Development
4. The Real World: An Adoption Person's Perspective (or Optional Application Activity)

SESSION 12

1. Special Issues for Adoptive Parents
2. Talking About Adoption
3. Stages of Adjustment for New Adoptive Families
4. Strategies to Help Parents Deal with Adoption Issues
5. Post Adoption Services: When and How?