

# FUNDAMENTALS OF FOSTERING

The Ohio Child Welfare Training Program (OCWTP) has developed a series of workshops designed specifically for you, the newly licensed foster caregiver. These 6-hour workshops, which can be used to meet the first two years of your ongoing training requirement, build on the knowledge you gained during Preservice training. They allow you to develop and apply the knowledge you need as a foster caregiver, enhancing your confidence and your ability to adapt your parenting style to meet the needs of the children placed in your home. Talk to your Licensing Specialist about registering for the series *Fundamentals of Fostering*.

<p>924-FF7-S Understanding and Building Attachment</p>	<p>926-FF9-S Foster Families and How They Grow: Understanding the Effects of Fostering</p>
<p>This workshop distinguishes characteristics of secure attachment from those of insecure attachment, provides information on how separation and placement impacts and is impacted by the child’s attachment pattern, and presents a template for parenting children with insecure attachment.</p>	<p>This workshop presents stages of foster family adjustment, explores emerging roles and barriers to fulfilling those roles, and assists foster caregivers in developing strategies to build a healthy fostering experience.</p>
<p>925-FF8-S Discipline in Foster Care: Managing Our Behaviors to Manage Theirs</p>	<p>926-FF10-S Defusing Crisis Situations Safely and Sanely</p>
<p>This workshop will focus on understanding the caregiver’s overall parenting style and its impact on the child’s behavior, the special issues of parenting an abused/neglected child, and how to individualize discipline strategies to meet the needs and issues of each child.</p>	<p>This workshop helps participants understand anger as an unmet need, identify the stages of a developing crisis, and build corresponding de-escalation skills. Participants will assess how their values, expectations, and responses to anger and personal temperament can diffuse a situation or contribute to even greater escalation.</p>
<p>928-FF12-S Relating to Primary Families: Understanding Challenges, Issues, and Strategies for Success</p>	<p>923-FF6-S Recognizing and Responding to Children Who Have Been Sexually Abused</p>
<p>This workshop provides information about why the involvement of foster caregivers with primary families is critical and it will enhance skills of foster caregivers in engaging primary families, managing conflict, diffusing issues, and developing strategies of support.</p>	<p>This workshop examines the definition and dynamics of the sexual abuse of children, explores the pervasive pathology existing within the sexually abusing home, and presents extensive parenting strategies to prepare the home and enhance the child’s ongoing care.</p>

<p>923-FF2-S Development of Infants and Toddlers: The Effects of Abuse and Neglect</p>	<p>923-FF4-S The Development of Preschoolers and School- Age Children: The Effects of Abuse and Neglect</p>
<p>This workshop reviews typical developmental patterns of children from birth through the toddler years and discusses the impact of abuse, neglect and separation. It highlights various exceptional needs, and provides parenting tips and strategies to more effectively meet the needs of young children in care.</p>	<p>This workshop reviews typical developmental patterns of children from preschool to the pre-teen years and discusses the impact of abuse, neglect and separation. It highlights various exceptional needs, and provides parenting tips and strategies to more effectively meet the needs of children in care.</p>
<p>923=FF4-S The Development of Adolescents: The Effects of Abuse and Neglect</p>	<p>927-FF11-S Cultural Issues in Foster Care: Dealing with the Dynamics of Difference</p>
<p>This workshop reviews typical developmental patterns of adolescents and discusses the impact of abuse, neglect and separation. It highlights various exceptional needs, and provides parenting tips and strategies to more effectively meet the needs of adolescents in care.</p>	<p>This workshop examines common cultural misconceptions and conflicts involved in fostering. Ethno-centrism, stereotyping, prejudice, and discrimination are discussed. Parenting strategies are presented to assist foster children in the formation of strong, healthy identity formation and self-esteem.</p>
<p>941-FF14-S Fostering Self-Reliance in Children and Youth: Roots and Wings</p>	<p>922-FF13-S The Caregiver’s Voice: Being a Valuable Part of an Effective Child Welfare Team</p>
<p>This workshop presents methods to assess the needs of foster children and youth for developing independence. Specific strategies are presented to help prepare young children as well as teens for life as self-sufficient adults.</p>	<p>This workshop will explore the roles and responsibilities of all members of the child welfare team. The training will enhance communication and collaboration skills of caregivers. Both caregivers and caseworkers are encouraged to attend this workshop.</p>
<p>923-FF5-S Healthy Sexual Development of Children and Teens</p>	<p>The Caregiver’s Role in Permanency Planning: Reunification, Kinship Care, and Adoption</p>
<p>This workshop will help foster caregivers know when a child’s sexual expression is normative and developmentally appropriate; how to discuss sexual issues with children and adolescents in a way that is consistent with their developmental level; and how to maintain a supportive and safe environment with children and adolescents that encourages healthy sexual development.</p>	<p><i>Coming soon</i></p>

**PRESERVICE MADE YOU AWARE  
FUNDAMENTALS HELPS YOU APPLY KNOWLEDGE**

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