Placement Strategies

**Learning Objective**

Completing this assignment will help you:

- Develop a placement plan that demonstrates consideration of the feelings, stressors, and strengths of all parties involved.

**Instructions (Use the attached worksheet to record your work)**

1. Plan a placement for a child on your caseload (or a child entering a foster/adoptive home you have studied). Incorporate specific activities to accomplish the following goals for the child, sending family, and receiving family (refer to Placement Strategies Handouts #4, #5, #6):
   - Minimize stress
   - Maximize coping
   - Assure an accurate perception of the event

2. Share your written plan with your supervisor. Determine whether there might be additional activities suggested by him or her.

3. Share the plan with the families involved in the placement and record their responses and feedback about the placement plan.


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**From the Field**

“Children should be fully prepared for adoption and should be empowered to consider their options and contribute to making choices about their futures in a manner consistent with their developmental level. Placement strategies should be designed to minimize children’s stress, to increase their capacity to cope with changes and challenges, and to elicit and help them modify their misperceptions and unrealistic expectations.”

Worksheet

Placement Strategies

Child’s first name: _________________________________

Placement Plan

<table>
<thead>
<tr>
<th>Activities to:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Minimize stress</td>
</tr>
<tr>
<td>2. Maximize coping</td>
</tr>
<tr>
<td>3. Assure accurate perceptions</td>
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</tbody>
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After sharing the above plan with my supervisor, we identified the following additional activities:

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After sharing the plan with the families involved, they gave the following feedback about the placement plan:

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Evaluation

OCWTP needs your feedback concerning this assignment. Please go to: http://www.surveymonkey.com/s.asp?u=365843881460 to complete a short online survey. Thank you for your help!