



DON'T LET A GOOD IDEA GET AWAY! CAPTURE IT ... WRITE IT DOWN



My ideas are:



Research shows that people remember 20% of what they hear, 30% of what they see, 70% of what they say, and 90% of what they do!! If you use an idea within 24 hours of learning it, you're more likely to integrate it permanently. If you hear or think of an idea or concept you want to use back on your job, WRITE IT DOWN!

